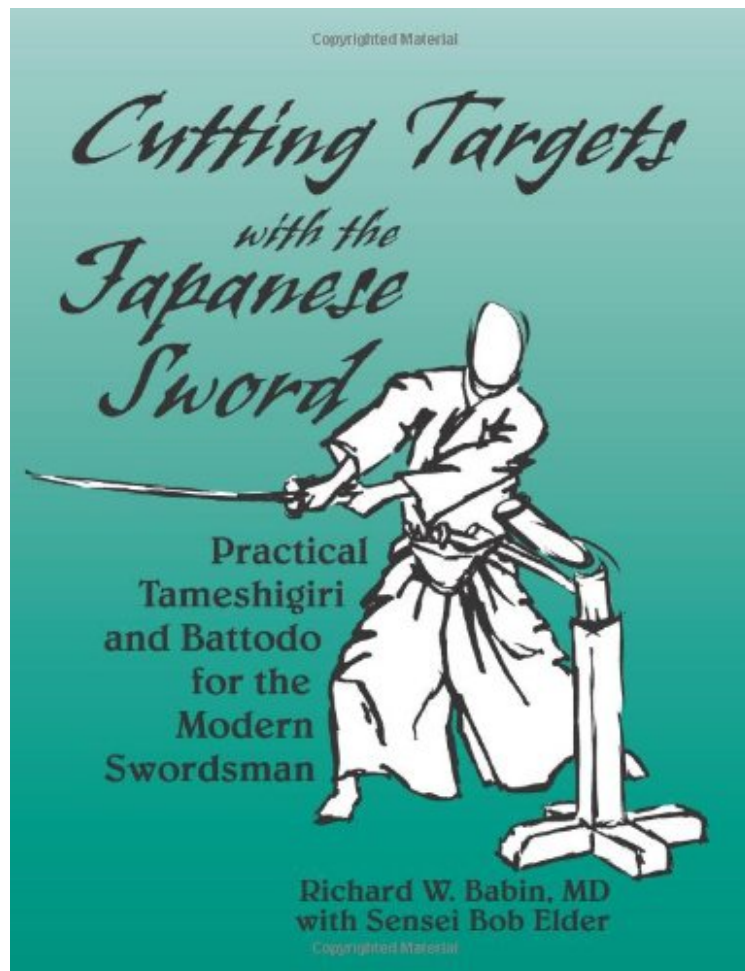


Cutting Targets With The Japanese Sword: Practical Tameshigiri and Battodo

Richard Babin, Bob Elder
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before purchasing it in order to gauge whether or not it would be worth my time, and all praised Cutting Targets With The Japanese Sword: Practical Tameshigiri and Battodo:

2 of 2 people found the following review helpful. Very good background for people wanting to study Tameshigiri By Roninkan com This was a good read and helps to emphasize and teach a great foundation in Japanese swordsmanship. I would have given it 5 stars but I think that they need to update this book for 2013. Some key items have changed in terms of technology and accessibility of swords and wara. Color images and if the book was less wordy (meaning if the author stuck to the book's topic more closely) could have helped but these are small things and the extra info is actually very nice to have. If you are a cutter I think it's a must read. 0 of 0 people found the following review helpful.

The volume does a great job of laying out the needed basics for Tameshigiri ...By Sensei I have bought two copies of this tome. The volume does a great job of laying out the needed basics for Tameshigiri for mastery cutting with a Katana. I gave one copy to my daughter for her school. 2 of 2 people found the following review helpful. Interesting book By Gusadius As someone who is trying to find out more about the proper way to cut with a Japanese sword, I found this book very informative and interesting. The presentation of the information is systematic and comprehensive. The topic covered moves from a short history to the mechanics of cutting and the introduction of some basic positions and care to preparation of cutting targets.

Richard Babin demonstrates the arts of test cutting (tameshigiri) and sworsmanship (battodo). With co-author, Sensei Bob Elder, founder and president of the US Federation of Battodo and the US Federation of Toyama Ryu, Babin covers every aspect of the test-cutting process, including the selection of an appropriate blade, the construction of targets and stands, and the mechanics of cutting, all while emphasizing safety and proper attitude. This invaluable guide also teaches modern swordsmen how to completely rehabilitate a military sword for use in cutting, including straightening, sharpening and polishing the blade and making a new handle and scabbard.

About the Author Richard W. Babin, BS, M.D., is a practicing surgeon who served two years active duty in the USAF as chief of head and neck surgery at Maxwell Field during the Vietnam conflict. His interest in the martial arts began with several years of judo in the 1960s in San Francisco. Upon entering private practice he began studying yang-style taiji, which he still pursues. He has practiced muso shinden ryu iaido for eight years and has been awarded the rank of Sandan by the All-U.S. Kendo Federation.